



## KZNA Cross Country League 29 - Saturday 29<sup>th</sup> June - 2024 Pinetown & Districts Athletic Club

## **Fulton School for the Deaf**

8 Roosevelt Road, Clifton Park

EVENT	TIME	AGE CATEGORY	DISTANCE	2024 ASA LICENSE
1	11H50	Boys 8 years & younger Girls 8 years & younger	1KM	NO
2	12H00	Boys 9 & 10 years Girls 9 & 10 years	2KM	NO
3	12H20	Boys 11 & 12 years Girls 11, 12 & 13 years	ЗКМ	NO
4	12H45	Boys 13, 14 & 15 years Open men (20 – 34 years) + U23 Open women (20 – 34 years) + U23 Grand master men (75+ years)	4KM	YES
5	13H15	Girls 14 & 15 years Youth women (16 & 17 years) Masters women (35+ years)	4KM	YES
6	13H50	Youth men (16 & 17 years) Grand master men (60 – 74 years) Junior women (18 & 19 years)	6KM	YES
7	14H30	Junior men (18 & 19 years) Masters men (35 – 59 years)	8KM	YES
8	15H15	Open men (20 – 34 years) Open women (20 – 34 years)	10KM	YES

Entry Fees - We will be taking entries outside the clubhouse from 11.00 AM

Free for age groups 8 years and younger – No temporary license required R20 for age groups 9-13years – No temporary license required R20 for age group 14 -19 – Temporary license required R30 R30 for age groups 20 years of age and older – Temporary license required R50

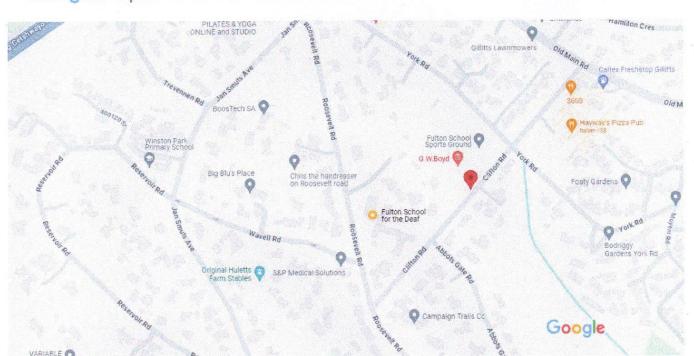
## DIRECTIONS TO PDAC ATHLETIC CLUB

Coming along the M13 from Durban side take the Hillcrest off ramp at Exit 28. Take the glide off to your left with Winston Park Service Station on your left. At the traffic light go straight into York Road. At the stop street turn right into Clifton Road (you will see the field on your right). Entrance at the gate on Clifton Road.

Coming along the M13 from PMB side take the Hillcrest off ramp at the big Toyota dealership. At the traffic light turn right over the bridge. Continue straight at the next traffic light with Winston Park Service Station on your left. At the next traffic light go straight into York Road. At the stop street turn right into Clifton Road (you will see the field on your right). Entrance at the gate on Clifton Road.

Contact – June Watson 082 421 3037 or Lise Muchna 082 656 7707

Please support Fulton School who will be running a tuck shop selling boerewors rolls, burger rolls, energade, coke & water.



## Google Maps 29°47'51.8"S 30°47'17.4"E